

HEALTHY DARWIN

Weekly Activities 2023/24 Wet Season

Outdoor Bootcamp

02/10/2023 - 25/03/2024

Join Limitless Kinetic Fitness' outdoor group fitness classes, which will range from HIIT/strength/cardio/functional training.

Bootcamp will get your heart rate up in a fun environment and is catered to all fitness levels and abilities, so you are encouraged to work at your own level.

Each session is different from the last, and all equipment will be provided

Mondays

5:00 pm - 5:45 pm

Darwin High School's Basketball Courts

Atkins Dr, Darwin City NT 0820

Bookings required!

Contact Limitless Kinetic Fitness

P - 0439 527 875

E - lindakapitula02@gmail.com

Only \$5 per session!

To find out more about the activity, contact the instructor directly.

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To find out more...

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