

# HEALTHY DARWIN

## Weekly Activities 2023/24 Wet Season

### Bootcamp

02/10/2023 - 25/03/2024

Looking for a fun and inexpensive way to stay active and fit every week?

Join Chico's Fitness Bootcamp, every Monday afternoon until April 2024!

From intense HIIT to circuits this Bootcamp includes it all, even weights and bodyweight exercises plus everyone is welcome.

#### Mondays

5:15 pm - 6:00 pm

Malak Harmony Hall

44 Patterson St, Malak NT 0812

Bookings required!

Contact Roshini from Chico's Fitness

P - 0408 088 091

W - [www.fitnesshubdarwin.com](http://www.fitnesshubdarwin.com)

**Only \$5 per session!**

To find out more about the activity, contact the instructor directly.

Follow [Healthy Darwin](#) on Facebook



To find out more...

08 8930 0300

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