

THE TOP END

# PILATES EXPO



**BUY A TICKET &  
GO IN THE DRAW  
FOR A \$2000  
PRIZE PACK**

**‘Leading The  
Future Of Pilates  
In The Top End’**

**PRE BOOK  
NOW**

**ALL TICKET PURCHASES RECEIVE A GIFT**

## HEADLINE PRESENTERS

8:30AM RENA WALKER

10:00AM KATIE CRANE

11:30AM LIZZI WEBB

**GEORGE BROWN  
BOTANIC  
GARDENS  
VISITOR CENTRE**



**SCAN ME**

## FREE WORKSHOPS

9:30AM HEALTHY HORMONES

11:00AM BETTER POSTURE

12:30PM CALM THE MIND

 @top\_end\_pilates\_expo

**SATURDAY 6TH SEPT, 8AM - 1PM**