

# SPACE TO EXPRESS

## Art Therapy Sessions

A gentle weekly space to breathe out the week, connect with yourself and others, and express what's alive through art, reflection and embodiment.

Join Kim for one or all six

**Thursdays, 6–8pm**  
**Darwin Community Arts**  
**22nd Jan – 26th Feb**

**\$30 per session or \$150 for all**

**Book via Humantix**

<https://events.humanitix.com/space-to-express>

