

MANDALA PAINTING CREATIVE FLOW MOVEMENT

Discover a deeper way to connect with your inner being & open to your creative and intuitive gifts. Creating your very own mandala with intention colours and symbols will help you manifest the changes you desire in your life.



Spend a deeply relaxing and creative day with Keesha in the beautiful and peaceful surrounds of Campfire in the Heart. Keesha has been creating mandalas, teaching yoga facilitating workshops and sound healing for over 20 years

**Gentle Yoga & Dance
Sound Bath**

Paint your own Mandala on canvas

for bookings contact Keesha 0409620149
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6th April 2025
9-4pm
\$125

Campfire in the Heart
147 Ragonesi Rd, Ross

