

T Mindful Sensory TREASURE HUNT

MIPLACE

OPEN DAY

WEDNESDAY
8 OCTOBER 2025

9:30 am - 1:00 pm

2/273 BAGOT ROAD,
COCONUT GROVE


mifant
Supporting Mental Wellness & Recovery

Part of
Mental Health
Week 2025



FREE TO JOIN &
BBQ LUNCH INCLUDED!



HIGHLIGHTS

- Interactive sensory experiences at each station
- Mindful activities and gentle movement
- Collect stamps in your Wellness Passport
- Light refreshments and treats
- **PRIZE DRAW** on completion

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